

# Ready to make love happen?

*To introduce ourselves, we'd like to tackle a tough topic, "Why Online Dating is not an option you can afford to ignore." This is true for singles of all ages. As we continue to write articles for you, we'll explore some of the topics in this article, and look forward to addressing concerns and questions you may have about how to find love!*

**BY PEGGY AND RICHARD WOLMAN**

*Peggy Wolman Matchmaking and Dating Coaching*

I can't count the number men and women of all ages, and in particular women 50+, who tell me that they don't want to join online dating sites. They say it's demeaning; it feels unnatural; men lie online; it's too much work. They think they're too old and that older men are only interested in younger women. They don't like photos of themselves and don't want professional photos. They only want to meet someone offline, not online...

But whether you're single, and looking for love, or you know someone who is trying to find his or her Mr. or Ms. Right, here's some advice about online dating, and why it's an excellent option.

Please notice that we said meeting online. Online dating sites are not about dating online. You are making the decision to meet someone — for coffee, a walk, or a drink at a public place. Your decision to meet someone is based on whether you liked something he/she wrote in his/her online profile, or perhaps you liked her/his warm smile or the twinkle in his/her eye — whatever it is that sparks your interest. Of course it's always nice if a man contacts a woman first, but neither men nor women should sit back and wait to be noticed. Take the initiative. You're only meeting someone.

Although it may not sound very romantic, finding love is a numbers game. It's about increasing your



**Richard and Peggy Wolman**

odds. When the notorious bank robber Willy Sutton was asked why he robbed banks, he answered, "Because that's where the money is." Well, online is where the men and women are. Fortunately, the days of hiding that you met online are over. The most recent statistics show that the number of couples who meet online is close to one in four, and increasing every day. Even though online dating has become acceptable and convenient, it doesn't mean it's easy. But can you think of any worthwhile endeavor that's easy? Here are some tips to help you make your experience online easier and more successful:

In conventional dating, you go out with men or

women you're interested in. In online dating, you go out with men or women to see if you're interested. You have to relax your expectations and try to enjoy the process.

Online dating is not a sprint; it's a marathon. It may have its uncomfortable moments and you may meet a bunch of Mr. or Ms. Wrongs, but that doesn't mean you haven't succeeded. If you meet some interesting men or women, or learn something new about dating or about yourself, or sharpen your dating skills — this sounds like success to me, how about you?

**P.S. If you're looking for love, try this mantra:**

"Whether I am meeting someone online or offline, I'm going to forget my lists of the kind of person I want. Instead, I'm looking for the kind of person I need. I am quite simply looking for someone wonderful, who makes me happy. I know that if I broadcast this mindset to the universe, I will feel empowered because positivity is my first step toward finding love."

*Love,  
Peggy and Richard*

*Peggy and Richard Wolman have been recognized nationally as two of the most respected matchmakers and have appeared on CBS, in The New York Times and the Boston Globe.*